

# San Angelo Independent School District

## Health Services

### SEIZURE ACTION PLAN

Effective Date\_\_

**THIS STUDENT IS BEING TREATED FOR A SEIZURE DISORDER. THE INFORMATION BELOW SHOULD ASSIST YOU IF A SEIZURE OCCURS DURING SCHOOL HOURS.**

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Center: \_\_\_\_\_ RM#: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Treating Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Significant medical history: \_\_\_\_\_

**SEIZURE INFORMATION:**

<i>Seizure Type</i>	<i>Average length</i>	<i>Description</i>

Average frequency: \_\_\_\_\_

Seizure triggers or warning signs: \_\_\_\_\_

Student's reaction to seizure: \_\_\_\_\_

**BASIC FIRST AID: CARE & COMFORT:** *(Please describe basic first aid procedures)*

Does student need to leave the classroom after a seizure? YES NO  
If YES, describe process for returning student to classroom \_\_\_\_\_

**Basic Seizure First Aid:**

- ✓ Stay calm & track time
- ✓ Keep child safe
- ✓ Do not restrain
- ✓ Do not put anything in mouth
- ✓ Turn child on side
- ✓ Stay with child until fully conscious
- ✓ Record seizure in log
- ✓ Expect to see pale/bluish discoloration of skin or lips.

**For tonic-clonic (grand mal) seizure:**

- ✓ Protect head
- ✓ Keep airway open/watch breathing

**EMERGENCY RESPONSE:**

A "seizure emergency" for this student is defined as \_\_\_\_\_

✓ Seizure Emergency Protocol: *(Check all that apply and clarify below)*

Contact school nurse at \_\_\_\_\_

Call 911 for transport to \_\_\_\_\_

Notify parent or emergency contact

Notify doctor

Administer emergency medications as indicated below

Other \_\_\_\_\_

A Seizure is generally considered an Emergency and you should CALL 911 when:

- ✓ A seizure lasts longer than 5 minutes
- ✓ Student has repeated seizures without regaining consciousness
- ✓ Student has a first time seizure
- ✓ Student is injured or has diabetes
- ✓ Student has breathing difficulties

**TREATMENT PROTOCOL DURING SCHOOL HOURS:**

Daily Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions
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Emergency/Rescue Medication \_\_\_\_\_

Does student have a **Vagus Nerve Stimulator (VNS)**? YES NO

If YES, Describe magnet use \_\_\_\_\_

**SPECIAL CONSIDERATIONS & SAFETY PRECAUTIONS:** *(regarding school activities, sports, trips, etc.)*

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_